



Plenty Valley

CHRISTIAN COLLEGE

In Christ: Wisdom & Knowledge

COLLEGE CONNECTIONS

Issue 7

16 May 2019

COMING UP

Tuesday - May 21st
Early Years Athletics

Tuesday - May 28th
Primary District
X-Country

Wednesday - June 5th
Primary Division
X-Country

Friday - June 7th
Secondary Exams Start

Monday - June 10th
Queens Birthday Public
Holiday

Wednesday - June 12th
VCE GAT

Thursday - June 13th
Secondary Recital

Monday - June 17th
Secondary Headstart
Begins

EDITORIAL

I can vividly remember when I was newly married and my husband and I had our first “fight”. Things were said that should not have been and the things that should have been said – were not. We hadn’t approached a difference of opinion well and communication was poor. The result was misunderstanding and hurt.

The school year always starts off with freshness and full of promise. Students are happy to come back to school, teachers are refreshed and excited to be teaching after the break and families are often ready for the kids to be back at school! By term 2, the routine of the year is underway and some of the “freshness” is dimming. Misunderstandings start to arise as people become a little edgy and patience runs thin. Differences of opinion can go either way – as robust discussion leading to “iron sharpening iron”, or it can fall into disgruntlement and disagreement. This happens in every place where large numbers of people are together. Kids fall out with kids, adults become frustrated with other adults.

As a College we understand that mistakes happen and misunderstandings can occur. This is the result of being human! However, it is the way that we approach these problems that can make all the difference. In fact – this has been happening for as long as humans have been around. In the book of Acts, chapter 15, following The Way of Jesus was new and people were just learning about this new way of living. There came a time where some new believers were being taught something by one group and then others came along and taught something different. The new believers weren’t quite sure what to do! They discussed their differences for a really long time and then decided that rather than keep arguing – they sought clarification.

I think this is the key to the solving of many differences. At times we hear things that we disagree with and find hard to understand how it could have been said in the first place. If we follow the example of the early church – we should go to the source and find out what was really said and what the context was. This will often help to sort out the real meaning of a situation, and also gives people an opportunity to explain what they meant and if needed, to apologise and make changes.

CALENDAR

UPDATES

Primary District X-Country is now on Tuesday, May 28th

College Photo Day has been moved to Term 3 **September 3rd & 4th**

Primary Assemblies have moved to Fridays @ 2:30pm during Term 2

As a College, we seek to have open communication and to work through difficulties in partnership. As such, we ask that if parents or students are having a problem with a teacher or other staff member, then please speak with that person in the first instance. In most cases, having this conversation, whether by email, on the phone or in person, will provide clarification and a solution that suits both parties. However, when this step is missed and complaints are made to others, then the misunderstanding can grow and becomes harder to solve. PVCC wants to make communication clear and easy and we understand that complaints need to be made.

We have developed a simple table that may assist in working through difficulties after you have contacted the person concerned in the first instance.

About What / Issue	Who to Contact	How
Classroom activities, class curriculum	Your child’s subject teacher	Telephone, email, arrange an appointment
Friendship issues	Your child’s homeroom teacher	Telephone, email, arrange an appointment
Complex student issues, Student welfare	Head of Sub School	In writing by email (or letter). Email or telephone to arrange an appointment
School Curriculum, Staff Members - teaching	Key Learning Area Leader for Secondary Curriculum Coordinator for Primary	In writing by email (or letter). Email or telephone to arrange an appointment
School Policy, School Management	Principal	In writing by email (or letter). Email or telephone to arrange an appointment
School Fees and payments	Finance Manager	In writing by email (or letter). Email or telephone to arrange an appointment

The Bible gives us some wise direction in Matthew 18:15, 17, for sorting through problems: “If one of my followers sins against you, go and point out what was wrong. But do it in private just between the two of you. If that person listens, you have won back a follower. But if that one refuses to listen, take along one or two others.....If the follower refuses to listen to them, report the matter to the church.” (or in the school’s case – the leadership!)

Let’s keep communicating with one another in a respectful and positive way. Let’s continue to foster relationships where we work in partnership to educate our kids. Let’s approach misunderstandings with a constructive approach that leads to strengthened relationships.

Lily McDonald
Deputy Principal



ELECTION DAY - SATURDAY MAY 18th

Plenty Valley Christian College will be an official polling place. We will be open from 8am - 6pm

Contact Sally Agostino if you are willing to help with the sausage sizzle. Parent participation counts!

Sally.agostino@pvcc.vic.edu.au



PVCC Parents Prayer Group

From Chris Griffin, parent coordinator of the Prayer Group:

As parents we entrust our children's education to the school and the teachers, but we choose PVCC strategically for the Christian worldview and nurturing environment. We desire for the best for them and realize that prayer forms a part of that. So we pray !

The parents' prayer group meets roughly fortnightly while school is on, and we pray wherever the spirit is leading. There is lots of stuff going on in the school, in all sorts of different places from the strategic, high level stuff to the small stuff in the playground, and our desire is to earnestly be aligned with God's heart and praying His will into the school. Come join us if you're likeminded.

Venue: the Conference room (next to the general office)

Meeting dates for Semester 1:

May 16th 7:30pm May 30th 7:30pm June 13th 7:30pm June 27th 7:30pm

For any questions please email Chris on pe_chris@hotmail.com



PASTA AND PIE FUNDRAISER

The P & F are running their famous pie and pasta drive again this year and they'd love you to get on board!

Tony's Pies make an amazing, affordable range of family and smaller pies which you'll love, and Alligator Gourmet Pasta offers a delicious range of bulk pasta which is made the day it's delivered. You'll love them both.

Great news! We've extended the order for pasta and pies, as we all felt a little caught by surprise by the deadline.

You now have until the end of Thursday to put your orders in, with delivery still set for next **Tuesday 21st**. Go to www.trybooking.com/BCECU

Don't miss out, these products are delicious, can be frozen and will see you through some cold winter nights.

FROM THE WELFARE DEPARTMENT

I recently had the opportunity to watch various speakers on a number of topics. I thought I would share the following with you.

The Healthy Mind Platter



The Healthy Mind Platter for Optimal Brain Matter™

Copyright © 2011 David Rock and Daniel J. Siegel, M.D. All rights reserved.

Seven daily essential mental activities to optimize brain matter and create well-being (David Rock & Daniel J. Siegel)

Focus Time

When we closely focus on tasks in a goal-oriented way, we take on challenges that make deep connections in the brain.

Play Time

When we allow ourselves to be spontaneous or creative, playfully enjoying novel experiences, we help make new connections in the brain.

Connecting Time

When we connect with other people, ideally in person, and when we take time to appreciate our connection to the natural world around us, we activate and reinforce the brain's relational circuitry.

Physical Time

When we move our bodies, aerobically if medically possible, we strengthen the brain in many ways.

Time In

When we quietly reflect internally, focusing on sensations, images, feelings and thoughts, we help to better integrate the brain.

Down Time

When we are non-focused, without any specific goal, and let our mind wander or simply relax, we help the brain recharge.

Sleep Time

When we give the brain the rest it needs, we consolidate learning and recover from the experiences of the day.

For the purpose of today's newsletter I would like to use the opportunity to go more into Connecting Time and Sleep Time.

Please [click here](#) to read more ...

Celeste Putter - School Psychologist

Child Safe

We know and celebrate that Plenty Valley Christian College is a community which extends beyond College boundaries. Many of our staff are involved in activities outside the College which also involve students e.g. sporting groups, church, family events etc.

Did you know that as a result of the Royal Commission into Institutional Responses to Child Sexual Abuse, organisations have increased their vigilance? Child Safety Officers, as part of their role, are required to make a record of activities involving both students and staff members that are not official College events.

We have appointed our College Counsellor, Mrs Celeste Putter, as the nominated Child Safety Officer as part of our ongoing commitment to child safety.

If you ever have any concerns about a child's safety, you can always talk to one of the College leadership team. Further information about responding to allegations of child abuse can be found on our College website.

PRIMARY NEWS

Bonjour tout le monde!



French Day is a great way to instigate children's passion for language learning and their curiosity about the French language and culture. It gives us the opportunity to both, create exciting ways for children to learn together and ultimately to celebrate our learning together as a whole community: children, teachers, parents, carers and guardians.

This year we are holding French Day on Thursday, June 27th. We are all looking forward to having an enjoyable and fun day as the teachers have planned some great activities to do with the children. There is going to be a Dress Up Parade in the morning so the students get to show off their costumes. There are a variety of choices for dress ups due to this year's theme of Francophone countries (countries where French is the common language).

A list of the Francophone countries could be found by following the link: <https://www.worldatlas.com/french.htm>

M-me Agache - French Primary Teacher

Wednesday May 22nd is Pyjama Day

All primary students can come dressed in their PJ's to recognise National Simultaneous story time.

Remember to bring along your item to help contribute to the Year 6 Salvation Army Starter packs. Instead of bringing a gold coin donation, we would like students to bring in specific personal care items for each grade level.



The **Year 6's** will collect these items and then make up the Starter Packs. These packs will be given to Salvation Army Flagstaff Crisis Accommodation Centre.

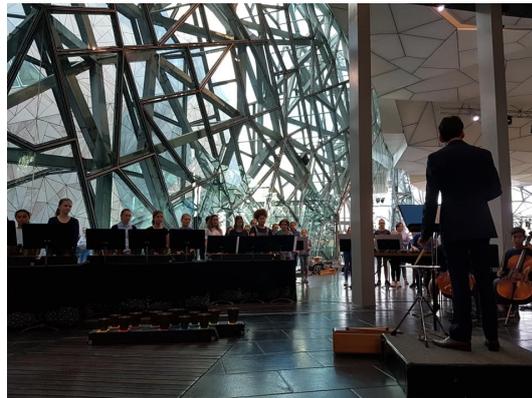
PREP C	Wrapped Soap
PREP L	TRAVEL SIZE pack of tissues
PREP S	Men's comb
1/2 B	TRAVEL SIZE conditioner
1/2 F	TRAVEL SIZE shampoo
1/2 M	Toothpaste
3/4 C	SINGLE PACK toothbrush
3/4 K	Shavers/razors
3/4 D	Shaving gel
5B	Roll-on Men's Deodorant
5H	Men's socks
6N	Muesli Bars
6G	Muesli Bars



PRIMARY MUSIC

Congratulations to the PVCC primary students who participated in the very special Handbell Project organised by Museum Victoria and Arts Learning Festival Victoria. A- MAZ-ING!

The main composition was by Graeme Leak, with each school composing their own section to perform. What a brilliant opportunity for the students to work with professional percussionist Dan Richardson on this World Premiere.



Bettina McMurray - Primary Music Teacher

The Year 3s received their Bibles from the P&F. These volunteers work hard to raise the funds for this very special gift and we're so grateful for all their work.



PRIMARY SPORT

District House Cross Country

The District Cross Country will be held on Tuesday May 28th. Students were selected for the team from the House Cross Country. These students have been practicing their long distance running at Wednesday and Friday lunchtimes on the oval.

Junior House Athletics Carnival

Students in Years 3-6 competed in the Junior House Athletics Carnival, on Friday May 3rd! The students rotated through 9 different athletics events; high jump, long jump, triple jump, shot put, discus, relays, 100m, 200m & 800m. Students received points for their House team at all events and the overall results are below. Students will be selected from this day to represent our school at District Athletics on Tuesday August 27th at Meadowglen. Massive thank you to all the secondary students and parents who helped on the day!

1st – Red House Schippers 1779

2nd – Blue House Meers 1606

3rd – Green House Upton 1527

4th – Yellow House Crichton 1484



Touch Rugby Clinic

The Year 5/6 students have had the opportunity to take part in a 5 week Touch Rugby clinic this term. These sessions have been run by an external coach from Rugby Victoria and fit in with the Invasion Games unit they are learning in Physical Education. The Year 3/4 students will also get to have a session on Friday May 17th.



SECONDARY SPORT

EISM DIV 1 ATHLETICS CARNIVAL 2019

The Lakeside Stadium at Albert Park was a bit wet due to overnight rain on Thursday May 2nd but spirits were not dampened for competition at the EISM Div 1 Aths carnival and all events went ahead.

Approx 87 students from Years 7 -12 comprised the Plenty Valley team and were accompanied by 6 staff.

Plenty Valley finished 7th overall punching above our weight against much bigger EISM schools.

We had some multiple event winners with Year 10 student Baye gaining four 1st places in the U16 100mA/200mA/LJ/relay. Baye, who is the current national silver medallist for long jump, broke the U16 long jump record jumping 6.70m in a sterling performance. Fellow Year 10 student Zach A gained three 1st places with wins in the triple jump/100mB/relay.

Year 9 boys James S gained three 1sts in the U15 100mB/200mA/relay & Ethan V gained two 1sts in U15 triple jump & relay, 2nd in long jump and 3rd in 100mA. Brooke M from Year 9 flew the flag for the girls with a 1st in the U15 triple jump and 2nds in both the hurdles and 100mB.

The following students were the best performed athletes on the day.

Baye A – 1st U16 100mA, 200mA, LJ

Zach A – 1st U16 100mB, triple jump, 2nd 200mB

James S - 1st U15 100mB, 200mA

Ethan V – 1st U15 TJ, 2nd LJ, 3rd 100mA

Brooke M – 1st U15 TJ, 2nd hurdles, 2nd 100mB

U15 B 4 x 100m relay – 1st James S/Ethan V/Kelby P/Sam W

U16 B 4 x 100m relay – 1st Baye A /Zach A/Oliver S/Toby C

Euan O – 1st Open 100mB, 2nd 200mA

Kelby P – 1st U15 100mC

Soren S – 2nd U13 100mB

Kynan M – 2nd U13 TJ, 4th 400m



Macca C – 2nd U15 SPut

Open B 4 x 100m relay – 2nd Euan O/Marnus P/Sam L/James B

Many thanks to all staff, athletes and student helpers for making this carnival a most enjoyable day for all.

EISM CHAMPIONS' ATHLETICS CARNIVAL 2019

26 Plenty Valley athletes qualified for the Champions' Carnival which was held as a twilight event at Lakeside Stadium, Albert Park on Monday May 13th.

It was a perfect sunny afternoon and our students achieved some terrific results with many visits to the podium! 21 schools were represented with the winners of all events at each of the three EISM divisional carnivals + the next best times/distances invited to compete in a high standard of athletics.

Year 10 student and national long jump silver medallist Baye A scooped the U16 pool with four gold medals in the 100m/200m/long jump/4x100m relay. The other runners in his relay team which won convincingly were Oliver S, Zach A and Toby C.

Zach A also had a great meet winning gold in the U16 triple jump, silver in the 200m and bronze in the 100m.

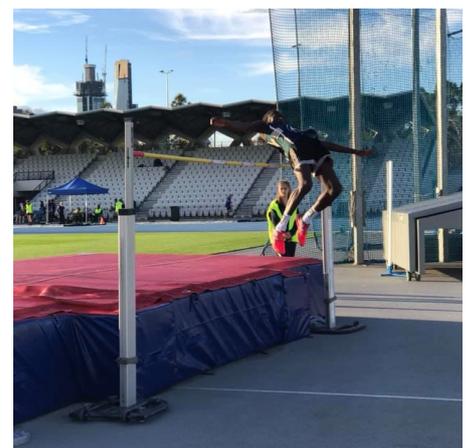
Ethan V won the U15 triple jump and gained silver in the long jump whilst fellow Year 9 student James S won the silver in the U15 100m and bronze in the 200m. James had a most unfortunate fall in the final leg of the relay badly injuring his shoulder whilst a nasty injury to an Oxley girl resulted in the carnival ending prematurely as she could not be moved from the track. Consequently our Open boys relay did not get to compete. It was decided to award medals on "virtual results" and Plenty Valley were seeded 3rd fastest and so were awarded the bronze. This team comprised Year 12 students Euan O, Nathan A, Sam L and Marnus P from Year 10.

In other results Macca gained silver in the U15 shot put and Year 9 student Brooke M won bronze in the U15 triple jump.

Many thanks to Mrs Monica Olivier and Mr Marcus Barresi for their expertise on the evening and to all students who assisted at the triple jump event.

Helen Padget

Head of Sport



FROM THE CAREERS OFFICE

Dates to Diarise in Term 2

- Year 10 – Morrisby Career Testing – Friday May 17th
- Law Week – May 13th to May 19th 2019, various locations
- Year 10 Work Experience – June 24th – June 28th 2019. Placements should be finalised and completed Work Experience Arrangement forms to be returned by the end of May.
- ACU – Community Achievement Program – applications open – May 1st



Our Careers website has a wide range of information for all ages and stages in the career journey. Find it at: www.careers.pvcc.vic.edu.au

I am more than happy to assist students and parents. Please call the school or email me at helen.madden@pvcc.vic.edu.au to make an appointment.

The Careers Newsletter will be available fortnightly with lots of important information on courses, events and opportunities for career exploration as well as important dates for VCE students.

[CLICK HERE TO READ.](#)

Helen Madden

Careers Advisor

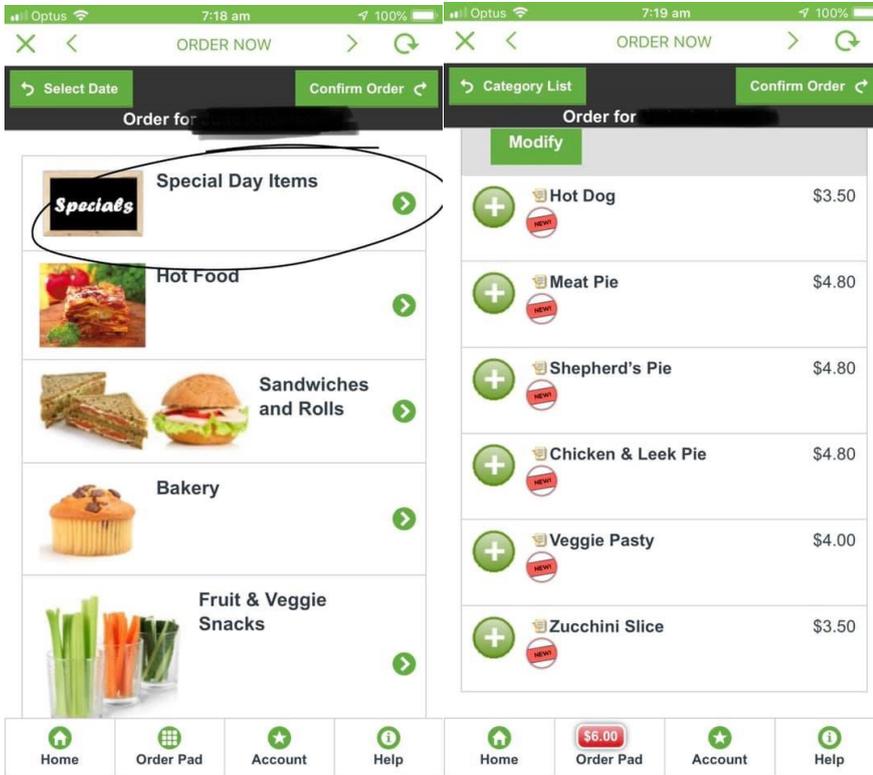
Mission Trip Fundraising Week

It's that time of the year again where we prepare to send off our mission teams of 2019 to their chosen destinations. This year we will have one team travelling to Thailand and another team travelling to Vanuatu as in previous years. Each team will be helping and serving people from those countries in many ways. One of those ways being specifically treating them to basic items such as clothes, toys and hygiene products. This is where we need the help of our generous community.

In the upcoming week we will be running two fundraising days. The first will be **Tuesday May 21st** and we will be running a sweets sale. Many delicious **home-made goods** will be available and will be no more than **\$2**. The second fundraising day will be on **Friday May 24th** which is our famous souvlaki day. This day will include free dress for a gold coin donation and then of course our delicious souvlaki's. Prices will be **\$10 for a souvlaki, \$2 for a drink and for a combo \$11**. All the money raised from these events will be split evenly between the two mission teams and will then be used for the children of both Thailand and Vanuatu. Get excited because these days are right around the corner so if you would like to support us then make sure you have the correct days and bring some money to school!

Check out some new hot food items from the Canteen - perfect as special FRIDAY treats, and for warming up tummies on these cold days! Lunch orders close at 8:30am daily through the FlexiSchools app.

GREAT NEWS - the SPECIAL FRIDAY MENU is now available on WEDNESDAYS as well !



Have a look at the canteen menu online - [CLICK HERE](#)

Flexischools App

Fliexschools have now released an app on both Android and iOS which makes the process easier than before. Just search for: 'flexischools' in the app stores.

<https://play.google.com/store/apps/details?id=com.flexischools&hl=en>



Our school now has a great online ordering system called Flexischools. As well as being convenient for parents, online orders are faster and easier to process - so it helps to simplify everyone's day!



CASH FREE, HASSLE FREE PAY ANYWHERE, ANYTIME SAFE & SECURE

Take advantage of this convenient new service. Go to flexischools.com.au and click register.



UNIFORM SHOP

Shop Hours Term 2:

Mondays	12:00pm - 4:00pm
Tuesdays	8:00am - 2:00pm
Thursdays	12:00pm - 5:00pm
First Saturday of the month	9:30am - 12:30pm

The **uniform price list** and uniform policy are available on the [College Website](#).

Our direct number is: **9036 7354**

Lydia Ross

UNIFORM AVAILABLE
24 / 7

DID YOU KNOW THE PLENTY VALLEY UNIFORM
IS AVAILABLE TO ORDER **on-line?**



HAVE YOUR UNIFORM POSTED TO EITHER YOUR HOME, OFFICE
OR CLICK & COLLECT FROM THE ON-CAMPUS UNIFORM SHOP



VISIT THE BOB STEWART WEBSITE
www.bobstewart.com.au
FOR MORE INFORMATION

LOST PROPERTY

Please mark all uniform items with a permanent marker. Named uniform items may be collected at the general office. Check the Notices on Seqta for named items.



Plenty Valley
CHRISTIAN COLLEGE
In Christ: Wisdom & Knowledge

www.pvcc.vic.edu.au

840 Yan Yean Road
Doreen Victoria 3754

P: (03) 9717 7400

F: (03) 9717 7475

VISION STATEMENT

The vision of Plenty Valley Christian College is to be a learning community with the creative and responsive mind and spirit of Christ.





TENNIS LESSONS
WHITTLESEA TENNIS CLUB
74 LAUREL STREET, WHITTLESEA

ENROL NOW FOR TERM 2

TERM 2 SPECIAL!!
FOR THE FIRST 10 NEW STUDENTS ENROL NOW & RECEIVE 30% OFF YOUR FEES & ALSO RECEIVE A NEW HEAD TENNIS RACQUET FOR FREE

WE SPECIALISE IN LESSONS FOR BEGINNERS



FOR MORE INFORMATION
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EMAIL: BRAYDEN@TOPLINETENNIS.COM

TOPLINE TENNIS ANZ HOT SHOTS



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Tap

Contemporary

Hip-Hop

Jazz

Cheerleading

Boys Hip Hop & Breakin'

Musical Theatre

Drama & Singing



ANNUAL PERFORMANCE WITH NO COSTUME MAKING
Brand new leather dance shoes, tights & body stockings available

Visit our website www.dancepower.net.au
DANCE POWER at Laurimar Community Centre
25 Hazel Glen Drive, Doreen
phone: 0419 133 366 or 9438 5632 email: info@dancepower.net.au

LITTLE HOOPS BASKETBALL CLINICS
DIAMOND CREEK



Our aim is to encourage children to play basketball & more importantly have fun!

Clinics include:
Shooting drills
Dribbling drills
Passing drills
Team work

Term 2
Wednesday/Thursday
4pm - 5pm
\$10 per session
4-7 yrs

Phone: 0425-198-773

Email: office@happyhoopsbasketball.com.au



Presented by City of Whittlesea

Come Dance With Us

Join us for free dance workshops
- move, explore, play, create, share

FREE

PARENTS AND BUBS
(Child free adults also welcome)

Every Monday from 6 May until 24 June
10 - 11.30am
Brookwood Community Activity Centre
25 Hazel Glen Drive, Doreen

Sessions will be fun and suitable for people of all ages and abilities. No dance experience is necessary. Everyone is welcome so just come along.

KNOWING YOU
CREATIVELY CONNECTING PEOPLE AND PLACES
KNOWING ME

For more information call 9217 2172 or email: events@whittlesea.vic.gov.au



Come & meet your Doreen neighbours!

Join us for Talk N' Tea

@ Orchard Road

First Monday of the Month

10.30am till 11.30am



tea time

Join us for a cuppa & chat, meet others living in your local area, find out 'What's On' in your community and enjoy a free morning tea!

4th February	4th March	1st April	6th May
3rd June	1st July	5th August	2nd September
7th October	4th November	2nd December	

Where: Orchard Road Community & Early Learning Centre, Cnr of Orchard Rd & Patience Ave, Doreen
For more details call: Leanne 0427 333 798 or Orchard Rd Community Centre on 1300 153 332

FREE Doreen Event

WORLD ENVIRONMENT DAY FESTIVAL

Interact with native animals
Connect with nature and take an adventure with eco explorers

Play in the kids recycling truck
Discover water bugs and make your own nature art

Traditional Aboriginal Smoking Ceremony

Purchase a sizzling sausage from your local Scout group. Don't forget to bring your own **MUG** to purchase a hot coffee.

Sunday 2 June, 11am-3pm
Cantera Park, corner of Sunstone Boulevard and Cantera Avenue, Doreen

For more information contact 9401 0587

lose your environment
BRING YOUR OWN REUSABLES



MUSIC

DRAMA

DANCE

VISUAL ARTS

CREATIVE WRITING

GAMES

BIBLE



PERFORMING ARTS CAMP

JULY SCHOOL HOLIDAYS 2019



Join us for music and drama streams, dance, visual arts, craft and other workshops! Choose your stream and workshops, learn new skills and make new friends. We'll have fun, create and explore how God gives life to all creativity! Book early so you don't miss out!

GRADE 4-YEAR 8
10-13 JULY | \$266
UPPER PLENTY CONFERENCE CENTRE

FOR MORE INFO & TO REGISTER: WWW.SUVIC.ORG.AU/PERFORMING-ARTS-CAMP





SPRING 2019 REGISTRATION

**Early bird registration
closes midnight May 31st**

Boys & Girls Teams from U8's to U20's

Register Online
www.dcbasketball.com.au
 Email
regos@dcbasketball.com.au




Create Connect Explore

Discover your creative self, connect with other young people and explore ideas & themes around wellbeing in a supportive group environment.

This is a friendly and accessible space for young people aged 12 – 25 years who are interested in being creative and connecting with other young people.

No artistic background is required!

We have lots of fun activities and themes running throughout term 2, book in to make sure you don't miss out!

When
Thursdays during term time
4pm – 5:30pm

Where
headspace Greensborough, Level 1, 78 Main Street Greensborough

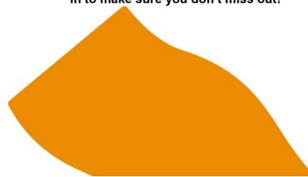
Activities/Themes:
May 16th – 23rd: Inspired by the Archibalds, we will be exploring portraits in all their different forms.

May 30th: Reconciliation week is coming up and Aunty Sharron will be helping us create a banner using Woi Warrung words. This session will run from 4:30 – 6:30pm.

June 6th – 20th: Creative journaling for self-expression with Jacqui Lewis.

Contact
To book into this group, call headspace Greensborough on 9433 7200.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health




BESTCHANCE CHILD & FAMILY CARE
PRESENTS

THE SECRETS OF PLAY THERAPY

FOR PARENTS
AND CARERS

Join leading Psychologist and Play Therapist Angela North to learn how Play Therapy works, the impact it can have, and how you can use these strategies at home.



DATE: FRIDAY 31 ST MAY 2019
TIME: 9:30AM TO 3:00PM
VENUE: 1330 CONFERENCE CENTRE, SCORESBY, VIC 3179
COST: \$250 Eligible for self-managed NDIS funding to be used for payment (INCLUDING GST, LUNCH AND REFRESHMENTS PROVIDED)

To register please contact The Cheshire School at cheshireschool@bestchance.org.au or phone (03) 8562 5167

DEVELOP YOUR PARENTING SKILLS TO HELP YOUR CHILD HEAL AND GROW

Want to know what to say to your child when they are upset or lashing out? Worried about how to best respond to your feisty or shy child? How can we stay calm in the face of our children's BIG feelings?

Join leading psychologist and Play Therapist Angela North to discover how you can use the strategies of Play Therapy to better understand and respond to your children. (And have lots of fun in the process)

YOU WILL LEARN STRATEGIES TO HELP YOUR CHILDREN:

- Manage big feelings
- Build self control and self esteem
- Build a closer relationship with you
- Communicate openly with you, now and through the teenage years

The Secrets of Play Therapy for Parents and Carers
cheshireschool@bestchance.org.au

